**49th Annual PA TRIO Conference Schedule**

*Meals listed in* ***bold*** *are included with your conference registration fee.*

**Tuesday, October 5, 2021**

12:00 p.m. – 4:00 p.m. **PA TRIO Board Meeting** / Linden

 PA TRIO Board Members only

5:30 p.m. – 6:00 p.m. Moderator’s Meeting / Linden

 Jeanne Fazekas, *California University of PA TRIO Upward Bound*

5:30 p.m. – 7:30 p.m. Registration Open / Town Square Atrium

6:15 p.m. – 7:15 p.m. Newcomer’s Welcome and Orientation / Linden

 Loriann Irving, *Kutztown University of PA TRIO Student Support Services*

Eron McMillen, *California University of PA TRIO Upward Bound*

7:30 p.m. – 9:00 p.m. Opening Session / Centre/Arbor

 Guest Speaker: Dr. Alina Wong, *Assistant Provost for Educational Equity at Penn*

 *State University*

9:00 p.m. – 10:00 p.m. **Opening Night Reception** / Linden

**Wednesday, October 6, 2021**

8:30 a.m. – 5:00 p.m. Registration / Town Square Atrium

9:00 a.m. – 10:00 a.m. Plenary Session 1 / Centre/Arbor

Guest Speaker: Jennifer Rudolph, *Director, Pre-College & State Initiates at Council for Opportunity in Education*

10:15 a.m. – 11:30 a.m. Concurrent Workshops I

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| **A.** **Sylvan**All Programs | **B. Centre/Arbor**All Programs | **C. Willow**UB & UBMS |
| Jaquala Lowery, Penn State University TRIO Talent Search | Michele Lagnese, University of Pittsburg TRIO Student Support Services | Frank DelleCurti GECAC TRIO Upward Bound ProgramEileen Olsen IU5 UBMS |
| Wellness and Self-Care | All Aboard! Destination: Capitol Hill | UB, UBMS Grant Writing Roundtable |
| Stress and Burnout is real! Have you ever felt like you were running out of fuel? It seems that your days run together and sometimes, you don’t know what day it is. There are times when you don’t eat, sleep, or sometimes feel like you cannot breathe. You are constantly working and providing for others, you don’t have time to take care of yourself. As working professionals, students, parents, caregivers, and so many of the other roles we hold or portray, it is essential to learn the value of self-maintenance. We must learn how to put ourselves first, and re-fuel, so that we can show up, show out, and be our best selves! | Many of us hear the words Policy Seminar and wonder…what is that, exactly? Others who have participated cannot stop talking about this life-changing experience! This session will both introduce the event to interested newcomers as well as begin the planning process for #COEPS2022, which is slated to be a hybrid experience. We will also discuss how our visits to the Hill must continue long past March. All aboard! | With the UB and UBMS grant competition soon to be upon us, this is a great opportunity to collaborate during this roundtable and discuss each of the sections of the grant, comparing notes, data collection and best practices.   |

**Wednesday, October 6, 2021 (con’t.)**

11:45 a.m. – 1:00 p.m. **Plenary Luncheon** / Centre/Arbor

Guest Speaker: John Kula, *MEAEOPP President & Director, TRIO Upward Bound at Bloomsburg University of Pennsylvania*

TRIO Service Awards: Christal Graham-Jones & Eron McMillen

TRIO Longevity Awards:

1:00 p.m. – 2:30 p.m. State Business Meeting & Candidates Forum / Centre/Arbor

2:30 p.m. – 5:00 p.m. **Polls Open for Election** / Town Square Atrium

2:45 p.m. – 4:00 p.m. Roundtable by Program

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| **A. UB, UBMS & VUB /** Sylvan | **B. SSS & McNair /** Centre/Arbor | **C. TS & EOC /** Willow |
| Anne Heinzroth St. Francis University TRIO Upward Bound |  | Jessica PetriePenn State TRIO Talent Search |

4:00 p.m. Free time and dinner on your own

**Thursday, October 7, 2021**

8:30 a.m. – 5:00 p.m. Registration / Town Square Atrium

9:00 a.m. – 10:15 a.m. Concurrent Workshops II

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| 1. **Sylvan**

All Programs | 1. **Centre/Arbor**

All Programs | **C. Willow**All Programs |
| KaDee Jay, Mansfield University of PA TRIO Student Support Services | James Prince, Jr., Director of TRIO Partnerships, Nucleus | Denise Chaytor-Zugarek & Samantha Shoup, Bloomsburg University of PA TRIO Student Support Services |
| Best Practices to Engage and Support College Students with Emotional Struggles | Minding Your TRIO Business | Staying Afloat in Challenging Times: Building Resiliency in TRIO students |
| Even before the pandemic, the amount of college students with emotional diagnoses on college campuses had been increasing rapidly. Now that students are back from lockdowns, the rates of anxiety/depression and other social-emotional struggles has continued to increase. Learn what the literature says about best practices to engage and support these students and how Mansfield University’s TRIO program is trying to incorporate some of these best practices into the TRIO SSS program. | The pandemic forced TRIO personnel to think of alternative ways to conduct programming, student recruitment and maintaining and analyzing student data. This workshop will provide staff and administration with practical uses of technology and best practices to use automation and CRM systems to advance the way staff meet their program goals and objectives. Our goal is to teach personnel how to take an entrepreneurial approach to running efficient programs that result in continued longevity. | We are living in a weird time. It has been a challenging period for everyone, including our students who have had to navigate already challenging transitions in a world turned upside down. This presentation will explore the concept of resiliency – the ability to bounce back from challenges. We will discuss strategies for building our own resilience as well as helping our students develop and/or strengthen their resiliency skills as they navigate the current climate both on and off campus. |

10:15 a.m. – 10:30 a.m. Break

10:30 a.m. – 11:45 a.m. Plenary Session II / Centre/Arbor

Guest Speakers: Frank DelleCurti, *GECAC TRIO Upward Bound*

Mark Pacileo, *IU5 TRIO Upward Bound Math/Science*

12:00 p.m. – 2:00 p.m. Lunch on your own

**Thursday, October 7, 2021 (con’t.)**

2:00 p.m. – 3:00 p.m. Meet the Board/Committee Chairs / Centre/Arbor

3:00 p.m. – 5:30 p.m. Free time

5:30 p.m. – 6:30 p.m. Cocktail Hour/Networking / Centre/Arbor

6:30 p.m. – 8:45 p.m. **PA TRIO Scholarship Awards Banquet** / Centre/Arbor

9:00 p.m. – 10:00 p.m. Trivia Night / Linden

 *Join us following the Scholarship Awards Banquet for a fun evening of trivia! For a $10*

*entry fee, join us for some fun and fellowship with your PA TRIO colleagues. All entry fees will be collected for the Scholarship Committee.*

**Friday, October 8, 2021**

8:30 a.m. – 12:00 p.m. Registration / Town Square Atrium

9:00 a.m. – 12:00 p.m. **Plenary Breakfast** / Centre/Arbor

Guest Speaker: Loriann Irving, *PA TRIO President & Director TRIO Student Support Services at Kutztown University of Pennsylvania*

Installation of Officers: Christal Graham-Jones, *PA TRIO Past-President & Counselor/Education Specialist at Penn State University TRIO Talent Search*

Silent Auction Results: Karen Sheffield, *PA TRIO Development Committee Chair & Counselor/Education Specialist at Penn State University TRIO Talent Search*